



An Exciting New Regional Offering

Stress and Relationships: An Enneagram Panel Series

This is a monthly panel series that will focus on stress and its impact on our relationships. Each type perceives stress through a different filter, and these perceptions are unknowingly imposed on our relationships. Through self-observation, we can begin to understand and relax the habitual ways we experience and respond to stress, and thereby improve the quality of our relationships. The series will be taught in the Narrative Tradition – listening to representatives of each type speak for themselves as both witness and teacher. Each session will also include a Q and A and short breakout groups. The panels will be interviewed by five certified Narrative Tradition instructors, each of whom brings unique experience and teaching strengths to the Narrative Tradition.

Date/Time: Five Saturday classes: Feb 6, March 6, April 10, May 1, June 5/9:30am - Noon

Cost:

	Before Jan 29	After Jan 29	Bring a Friend (each)	Full Time Students and Seniors over 65
All 5 Sessions	\$125	\$150	\$100	\$75
Each Class	\$30	\$35	\$25	\$20

Drop Ins are Welcome - \$40 per class or \$25 each if you bring a friend

Location: The Enneagram Center, 2755 So. Locust, Suite 202, Denver 80222

To Register: Send a check payable to The Enneagram Center of the Rocky Mountain Region or ECRMR with the registration form at the bottom of this flyer.

Questions: Call or email Barb Allgaier at 303-697-9456 or barballgaier@gmail.com

<u>Classes/Instructors:</u>			
Feb 6	Overview and Panel 1	Terry Saracino, Renée Rosario	
March 6	Panels 2 and 3	Terry Saracino, Whitney Allen	
April 10	Panels 4 and 5	Whitney Allen, Jane Welzel	
May 1	Panels 6 and 7	Jane Welzel, Mary Ellen Arthur	
June 5	Panels 8 and 9	Mary Ellen Arthur, Renée Rosario	

Registration Form

Name _____ Payment Amount _____

Address _____

City, State and Zip _____ Phone _____

Email _____ Enneagram Type (if known) _____ Subtype (if known) _____

Please check class(es) you are attending:

Full Series _____ Feb 6 _____ March 6 _____ April 10 _____ May 1 _____ June 5 _____

Are you registering with a friend? Name of Friend (s) _____

If registering as a student - Name of School attending _____

How did you hear about this class? _____

Send completed registration to: The Enneagram Center, 2755 S. Locust, Suite 202, Denver, CO 80222